

Course	Stage 5 PDHPE	Supervising faculty	PDHPE
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Stage 5 Outcomes

- PD5-1** assesses their own and others' capacity to reflect on and respond positively to challenges
- PD5-2** researches and appraises the effectiveness of health information and support services available in the community
- PD5-3** analyses factors and strategies that enhance inclusivity, equality and respectful relationships
- PD5-4** adapts and improvises movement skills to perform creative movement across a range of dynamic physical activity contexts
- PD5-5** appraises and justifies choices of actions when solving complex movement challenges
- PD5-6** critiques contextual factors, attitudes and behaviours to effectively promote health, safety, wellbeing and participation in physical activity
- PD5-7** plans, implements and critiques strategies to promote health, safety, wellbeing and participation in physical activity in their communities
- PD5-8** designs, implements and evaluates personalised plans to enhance health and participation in a lifetime of physical activity
- PD5-9** assesses and applies self-management skills to effectively manage complex situations
- PD5-10** critiques their ability to enact interpersonal skills to build and maintain respectful and inclusive relationships in a variety of groups or contexts
- PD5-11** refines and applies movement skills and concepts to compose and perform innovative movement sequences

Task number	Task 1	Task 2	Task 3	2023 Year 9
Nature of task	Athletics Practical	Small Sided Team Games Practical	Yearly Examination	
Timing	Ongoing through Term 1	Ongoing through Term 3	Term 4, Week 1 (Approx.)	
Outcomes assessed	PD5-11	PD5-4	PD5-3, PD5-6	
Weighting %	25	35	40	100

Task number	Task 1	Task 2	Task 3	Task 4	2023 Year 10
Nature of task	Group Dance Presentation	Games - Practical	Big Question	Depth Study	
Timing	Term 1, Week 7 (Approx.)	Ongoing through Term 3	Term 2, Week 10 (Approx.)	Term 3, Week 10 (Approx.)	
Outcomes assessed	PD5-4, PD5-5, PD5-10, PD5-11	PD5-4, PD5-5, PD5-11	PD5-6, PD5-7	PD5-2, PD5-6, PD5-7	
Weighting %	25	25	30	20	100